

The Disabled Children's Information and Advice Service (DCIAS) is provided by EnhanceAble, a local Kingston Charity and is a part of the Moor Lane Children and Young People's Development Service.

The DCIAS provides guidance and leaflets about:

- ◇ Benefits
- ◇ Leisure
- ◇ Childcare
- ◇ Blue Badges
- ◇ Support Groups
- ◇ 'I-Count' Disabled Children's Register
- ◇ Parent Partnership Services

**If you require help understanding this leaflet or any other further information please contact either Caroline Baxter or Patricia Farlow.**

A: The DCIAS  
The Moor Lane Centre  
Moor Lane  
Chessington  
Surrey  
KT9 2AA

T: 020 8547 6200

E: [children@enhanceable.org](mailto:children@enhanceable.org)



# Leisure Activities



# Leisure

## Activities specifically for children with special needs:

There is a wide range of leisure facilities, play schemes, clubs, and special courses and activities organised throughout the borough and other local areas where disabled children can participate.

These include:

### Tuesday Special Club (under 5's)

10-12pm on Tuesdays. Very welcoming parent & toddler group. Sensory room, ball pond, climbing frame, trampoline, sing & sign session.

**At:** Warren Park, Kingston Hill, KT2 7LX

**T:** 020 8547 6522

### INSPIRE—Basketball, Boccia, Cricket, Short Tennis, etc

6-8pm fortnightly on Mondays. For children 8yrs+ with a Disability/special need.

**At:** Chessington Sports Centre, Garrison Lane,  
Chessington, KT9 2JS

**T:** 020 8547 5207

**E:** sue.johnson@rbk.kingston.gov.uk

**W:** www.kingston.gov.uk/sports

## Open Youth Provision

Engaging young people in fun and educational activities. This work is complimented by the youth provisions run via the voluntary sector.

**Please contact the DCIAS for details.**

## Facilities Outside Kingston

There are a number of leisure facilities to be found outside the Kingston area, such as:

### Guildford Spectrum

Leisure centre with swimming pool.

**At:** Guildford Spectrum, Parkway, Guildford,  
Surrey, GU1 1UP

**T:** 01483 44 33 22

### Thames Valley Adventure Playground

Suitable for all ages and is specifically for children and adults with special needs, but all the family are welcome.

**At:** Bath Road, Taplow, Maidenhead, Berkshire, SL6 0PR

**T:** 01628 628599

**Email:** [theplayground@ecosse.net](mailto:theplayground@ecosse.net)

### Epsom Riding for the Disabled Association

**At:** St Ebba's Farm, Hook Road, Epsom, Surrey KT19 8QW

**T:** 01372 743690

### Alpine Snow Sports, Aldershot

The Centre offers a number of different snow sports and fun activities for all ages,

**At:** Alpine Snow Sports, Gallwey Road, Aldershot,  
Hants GU11 2DD

**T:** 01252 325889

**Email:** [Bookings@alpinsnowsports.co.uk](mailto:Bookings@alpinsnowsports.co.uk)

## Youth Clubs & Other Organisations

### FAB

Is a club for young people with disabilities aged 8 –25 from 10am - 3pm on Saturdays.

**At:** Devon Way Centre, Devon Way, Chessington KT9 2RJ

**T:** 07815 933624

### TAG:

TAG Youth Club provides leisure and social opportunities for young people with disabilities between the ages of 16 – 25. Meets on Fridays from 7.30 - 10.30pm.

**At:** Devon Way Centre, Devon Way, Chessington KT9 2RJ

**T:** 020 8547 5813

### Yorda Adventures

Supporting children and young people with severe learning disabilities and their families.

**At:** 47 Windmill Lane, Surbiton KT6 5JT **T:** 07939 844978

**E:** [info@yordaadventures.co.uk](mailto:info@yordaadventures.co.uk)

### Korean Group

Targeting young people from the Korean community. Held on Mondays.

**At:** The Venner Youth Centre, The Manor Drive, Worcester Park, KT4 7LG

**Contact:** 020 8547 6782

### Connexions

Many different organisations work with the Connexions service to provide young people with access to information, support and practical help.

**At:** Swan House, 51 High Street, Kingston **T:** 020 8410 4105

### Oxygen

Churches from across the borough have come together to offer a range of activities for young people.

**Contact for more information:** The Oxygen Office, St Peter's Church, London Road, Kingston KT2 6QL

**T:** 020 8547 0566

### Special Olympics Surrey (SOS) - Athletics & Boccia

For SOS Members. 6-8pm fortnightly on Mondays. For children 8yrs+ with a disability.

**At:** Chessington Sports Centre, Garrison Lane, Chessington, KT9 2JS

**T:** 07786 448922 - for info or to join SOS

**E:** [specialolympicssurrey@googlemail.com](mailto:specialolympicssurrey@googlemail.com)

**W:** [www.sosurrey.org](http://www.sosurrey.org)

### Special Olympics Surrey (SOS) - Football

For SOS Members. 6.30-7.30pm fortnightly on Wednesdays. For children 8yrs+ with a disability.

**At:** Chessington Sports Centre, Garrison Lane, Chessington, KT9 2JS

**T:** 07786 448922 - for info or to join SOS

**E:** [specialolympicssurrey@googlemail.com](mailto:specialolympicssurrey@googlemail.com)

**W:** [www.sosurrey.org](http://www.sosurrey.org)

### Fulham Football Club Disability Programme

Football sessions and holiday playschemes for children with Autism, Downs Syndrome, visual and hearing impairment.

**At:** Fulham FC Training Ground, Motspur Park, New Malden KT3 6PT

**T:** 020 8336 7542

**E:** [swilliams@fulhamfc.com](mailto:swilliams@fulhamfc.com)

**W:** [www.fulhamfc.com](http://www.fulhamfc.com)

### Special Needs Gymnastics Sessions

**At:** Tolworth Gymnastics Club, Behind Tolworth Girls School, Fullers Way North, Tolworth KT6 7LQ

**T:** Sandy Pierkarski 0208 339 3386

### Specially adapted playground equipment in Alexandra and King Athelstan Recreation Grounds.

**T:** 020 8547 5207

### **Spartan Swimming Club for Disabled People**

**T:** 020 8941 3255

### **Barnfield Riding School**

**At:** Parkfields Road, Kingston, KT2 5LL

**T:** 020 8546 3616

### **Specially adapted boats at Albany Park Canoe and Sailing Centre**

**At:** Albany Mews, Off Albany Park Road,  
Kingston KT2 5SL

**T:** 020 8549 3066 / 020 8547 5812

**W:** [www.albanypark.co.uk](http://www.albanypark.co.uk)

### **Trampolining at Tolworth Recreation Centre**

**At:** Fullers Way North, Tolworth, Kt6 7LQ

**T:** 020 8547 5207

### **Velocity Wheelchair Racing Club at Kingsmeadow Athletics Centre**

**T:** 020 8642 9933

**T:** 020 8546 3616

### **Other Facilities in Kingston**

Many play schemes and after school clubs offer places to disabled children and the Active Kingston Card can now be used by carers of disabled people.

If you require any further information about the above programmes or would like to discuss sports and recreational opportunities in Kingston further, please contact the Active Kingston Team on:

**T:** 020 8547 5207

**W:** [www.kingston.gov.uk/sports](http://www.kingston.gov.uk/sports)

Or contact Sue Johnson, Sports Development Officer

**T:** 020 8547 5212

### **Sports & Leisure Centres**

There are general leisure activities available at the main Sports and Leisure Centres in and around the borough. These are:

#### **Chessington Sport and Leisure Centre**

Garrison Lane, Chessington KT9 2JS

**T:** 020 8974 2277

**W:** [www.chesssports.8k.com](http://www.chesssports.8k.com)

#### **Kingfisher Leisure Centre**

Fairfield Road, Kingston KT1 2PJ

**T:** 020 8546 1042

#### **Kingsmeadow Athletic and Fitness Centre**

Kingston Road, Kingston KT1 3PB

**T:** 020 8547 2198

#### **Surbiton YMCA**

49 Victoria Road, Surbiton KT6 4NG

**T:** 020 8390 0148

#### **YMCA Hawker Centre**

Lower Ham Road, Kingston KT2 5BH

**T:** 020 8296 9747

#### **Malden Centre**

Blagdon Road, New Malden KT3 4TA

**T:** 020 8336 7770

#### **Tiffins Sports Centre**

London Road, Kingston KT2 6RL

**T:** 020 8541 3972

#### **Tolworth Recreation Centre**

Fullers Way North, Tolworth KT6 7LQ

**T:** 020 8391 7910