





Enhance Able Annual Report 2017–2018



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EnhanceAble provided a total of 111,811 hours of support to our users during the year.

## What is Enhance Able?

Enhance Able is a registered charity overseen by a Board of trustees and run by our Chief Executive, Julie. The charity was formed in 1953, so is 65 years old. We have a turnover of just under £2 million pounds a year and employ around eighty people.

Enhance **Able** is all about the people: the people who use our services; the people who work for the charity; the people we work in partnership with; and our friends and supporters.

Our values are all about how we work with people: we are flexible with our responses; we encourage diversity; we learn from our mistakes; we understand everyone is unique; we work hard to build relationships of trust and loyalty. Most of all we put people first and treat people with dignity, respect and kindness.

EnhanceAble in 2017–2018 consists of:

- The **Geneva Road** Day Service
- Space, our respite house
- Living, the outreach service
- Croft Cottage, a respite service for children, and
- Kite, Ribbons and Flyers, the children's groups
- We also have two charity shops.

# Chairman's Report



Nick Ainley Chairman

This year Enhance**Able** lost our Life President, Norman Burman. Norman passed away this year at the age of 101. Norman was a founding member of Enhance**Able** and supported us for over 60 years, as Chairman, President, volunteer and mentor. He will be missed and remembered.

The year ending March 2018 was another challenging year. While our financial results remain sound, the pressure has been increasing.

Our staff have continued to deliver high quality services that are valued by people and their families. However, we have been under two significant pressures during this financial year. Firstly, we have struggled with increasing costs while our funders, primarily local councils, have not been able to pay proportionally higher fees. Secondly, we have been finding it difficult to recruit good staff to work for us.

It has been frustrating to have our growth restricted by staff shortages and this is particularly so at Enhance**Able** Living, where we need staff who can drive.

In response to the continuing growth of personal budgets, and the purchase of services by the local councils, we are succeeding in delivering services that are individually tailored to each person's needs, but as with all social services care packages, the budgets are tight.

Experienced, well trained care staff are key to us providing high quality support to our clients. We have responded to the UK-wide shortage of experienced staff, by increasing wages, paying higher pension contributions and continuing to provide great training.

We believe that our staff are worth it, and the feedback from our service users endorses this view.

In addition to this the things we are buying, like fuel, food, and equipment are becoming more expensive. At the same time, the government is giving local social services offices less money, which means they have less to spend.

The years ahead will continue to test us, but we are committed to giving the best service we can and to being a value for money provider.

As always, I would like to thank our staff, volunteers and service users for their continued support to Enhance**Able**.

Finally, I would like to thank our trustees, who each year, are called upon to contribute more of their time and expertise and have never failed to do so.

Without all of these people my role, as Chair of Enhance Able would be quite impossible – thank you all.

# Treasurer's Report



Mike Kemsley Treasurer

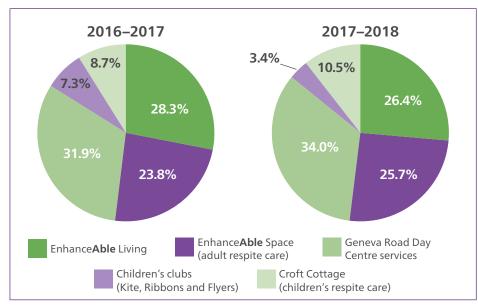
I have been a trustee and Hon. Treasurer of Enhance **Able** since 1st November 2008.

It's my job to provide advice, information and comfort to the other trustees on their stewardship responsibilities, which includes safeguarding Enhance Able's financial assets.

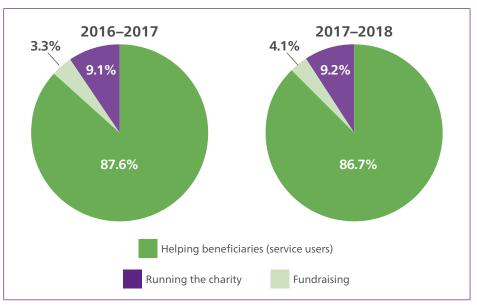
I also act as the link between trustees and management on financial matters, oversee financial planning, prepare quarterly management accounts and provide support and advice to the Finance Officer and Finance Committee. The charity's accounts are audited and appear on our website. They are also filed at Companies House and with the Charity Commission and I present them to members at the Annual General Meeting.

The pie charts below show you how Enhance**Able** has spent its money and how much the different services cost.

# EnhanceAble spent **£35,000** on training staff.



EnhanceAble's range of services in 2016–2017 and in 2017–2018



How Enhance Able spent its income in 2016–2017 and in 2017–2018

# **Looking Forward**



Julie Hagarty
Chief Executive

EnhanceAble
Geneva Road
held 1,200
group sessions
this year.

Nick, our Chair, has told you a bit about what has happened during the year that this report covers. I am going to tell you about our plans for the future.

One of the best things about working for Enhance**Able** is that the trustees understand a charity needs to change and develop to stay alive. The staff and the managers work with me to create new opportunities and to improve our service.

Our biggest job for 2018–19 is to try to find a new home for Enhance**Able** Space, our respite home for younger adults. The house we use is not going to be available soon. We know that Space is an important service for lots of people and their parents, so we are trying to save it by looking for another house to be Space.

Recruitment is a job we are doing all the time. It is very difficult to find good staff to work for us. Hannah Brice, HR Manager, spends lots of time looking for new staff. She does this in lots of ways: advertising on the Internet, speaking to recruitment agencies, offering bonuses to staff who introduce someone new to us, using social media.

We always want new staff and we can offer them lots of things: an organisation that cares about them, a good pension, staff days, an optional uniform, fantastic training, brilliant career development. Next Generation is a new group that is starting at Enhance**Able** in 2018. This group used to be run by a different organisation, but we are starting to run it in the summer of 2018. Anyone with a disability who is over 18 is very welcome to come along on a Friday evening. For more information about Next Generation, call me.

In 2018, we started to use professional fundraisers for the first time. This is an important move for Enhance**Able**.

As public money becomes tighter and social services struggle to fund things, we are trying to access other money by applying for grants from other private organisations.

Our first bid is for money to train staff to run wheelchair dance sessions at Geneva Road and we plan to do other bids towards things like: Next Generation; more physiotherapy provision; art therapy; specialist equipment; and more. We hope that this type of fundraising will become an important part of our income.

I am very excited about the year moving forward and the continued opportunity to share my time with so many wonderful people.

## The life of a volunteer at EnhanceAble

My name is Kai Rollinson; I was 21 not so long ago. I first heard about Enhance Able when Julie came to visit my house and talk to my mum. I was ten years old, coming up for eleven. My first relationship with Enhance Able was as a Kite. Kite is an after school club for people with Asperger's.

We had lots of fun; we went out on trips, did things like cooking, and people would come and give talks. I had to leave Kite when I was 18 as I was too old and I was gutted about this. I lost touch with Enhance Able for a few years when I left and went to college but about a year and a half ago I came back to the day centre for a Christmas lunch.

I told Julie that I was getting quite bored and miserable being at home all the time and she suggested I came in for an interview. The manager of the day centre and Julie asked me lots of questions and I got the job of a volunteer receptionist at the day centre.

I have a list of tasks to complete throughout the day as part of my role, including distributing post, answering the phone and greeting people, which I really enjoy.

Enhance**Able** has made a big difference to my life. It is nice to come back as I really missed it. I am

much less miserable and I have lots to do here. I really love being here and feeling like part of the team. I love helping people, we have a background of care in my family and I really enjoy being in the social care environment.

Kai said we could talk to his mum, Michelle about his position with Enhance Able and she said:



"Kite was the only place Kai had like-minded friends, there was no other socialising. Kite taught him about relationships. Before, he didn't know how to make friends.

"Kite was his club, he could be himself and was really happy there. I also got to meet parents in a similar position to me. Since he started as a receptionist, he has gained a lot more maturity and responsibility.

"Other jobs he has had haven't been as well-structured, whereas EnhanceAble is a proper experience and he has become really accomplished, learning lots of new skills.

He eagerly reminds us at home that he is a '21- yearold working man' – a confidence that I am really proud of. I love the fact that he feels confident and adult now, I'm really proud of him, he's doing everything a normal 21-year-old would do."



**Kai Rollinson** Volunteer & Support Worker

EnhanceAble Geneva Road provided some **49,000** hours of shared support.

# The Enhance Able Questionnaire



Hannah Brice HR Manager

## What is your idea of perfect happiness?

Probably frolicking around a sunny garden or a cosy movie night in. As long as there's good food, good people and my dog. Knowing everybody is safe, full and happy.

## What is your greatest fear?

Earthworms... a bathtub full of earthworms.

## Which living person do you most admire?

No one in particular. I'm not really interested in famous people either... anyone who is genuinely kind.

## What is the trait you most deplore in yourself?

Procrastination. I convince myself I've got to tidy and feel like everything is in order before I settle down to get on with something.

What is the trait you most deplore in others? Impatience/selfishness.

## What has been your most embarrassing moment?

I can't say, it's too embarrassing... To give you an idea, things falling out my bag, things being attached to me that shouldn't be.

## What vehicles do you own?

Ford Fiesta (on finance).

## What is your greatest extravagance?

Asos Premier.

## What objects do you always carry with you?

Lip balm. If I haven't got lip balm with me then I'll think my lips are cracked and I'll think about it all day. If I do have it, I won't actually use it at all.

## What is your most unappealing habit?

Biting my cheeks, making accidental fish faces.

## What is your earliest memory?

Probably collecting snails in the garden and making a 'snail hotel' and a 'snail harbour' with the top of a sandpit for them.

## What do you consider the most overrated virtue?

They're all overrated... everything in moderation!

# What single thing would improve the quality of your life?

Living more rurally and having a pygmy goat.

# What's the most important lesson life has taught you?

Communicate. Things often go so wrong when people don't talk to each other.

# A day in the life of an Enhance**Able** support worker at Geneva Road

A typical day as a support worker consists of many different jobs and every day is different.

To start the day at Geneva Road we have a morning meeting, we go through the plans of the day and the transport, also what's happened the previous day or if any issues need to be raised.

#### Here we go...

The start of people's journey is the buses, where we make sure people are safe in the bus. We collect up to four people in wheelchairs and up to two others.

Most people start their day off at Geneva Road with a cup of tea, and maybe a biscuit or two. I run a group with another member of staff called Juke Box Classics every Wednesday. We pick a musician or band every week and go through their biography, quick facts, music and we have a quiz at the end.

Throughout the day people pop in from Enhance**Able**'s other services to use the facilities and join the groups.

We have lots of different groups at Geneva Road, but today is our weekly disco. We dance and sing to our heart's content for an hour, giving each other our best air guitar moves and Elvis impressions. We get hot and sweaty but have such a good time, and it's a great end to people's day.

During the day, while I have been doing my job, other people have been carrying out a variety of other jobs, helping our physiotherapist to support people, and running other groups.

Just after three we support people on to our transport and I drive some people home. We take out four or five vehicles. Other people stay at the centre to clean up and support people who go home a bit later.



Ciara McDonagh EnhanceAble support worker

We drove our users more than **156,165** miles, equal to driving **1,135** times round the M25.

# First impressions as a trustee



**Brian Garcia** Trustee

My first impressions of Enhance**Able** are that here is a great team of dedicated people who are changing people's lives for the better, on a shoestring budget.

When I applied to join as a trustee, I felt this role would bring an opportunity to combine some of the things I feel passionate about: empowering people with disabilities, and working for a charity where I might add a bit of value (my own experience is as an economist working in the City and central Government).

I had a good feeling about Enhance**Able** when looking at the website – clear, friendly and inviting. This was reinforced by a first meeting with trustees. Here, I felt, was an organisation that was all about what its name implied – not stuffy or self-important, but getting things done. So it was a bit daunting to get a huge training pack spelling out what Enhance**Able** does, the responsibilities that trusteeship entails, and the risks and liabilities to watch out for.

More daunting still, humbling even, was meeting staff and clients and seeing for the first time the extent of the difficulties they're surmounting, and the hard work, training and passion that managers and staff bring to the task. It is what makes Enhance Able a fun and productive environment to be in.

I was given a warm welcome by the other trustees, CEO and staff, and as I have got to know some of them better, I can see how they work together so that the organisation is greater than the sum of its parts. I look forward to being able to play an active role in steering and supporting the organisation in the challenging days ahead.

During the year,
EnhanceAble Space
provided more than
1,000 overnight stays
and more than 18,000
hours of daytime support.

# Interview with an EnhanceAble Space parent

Dulcie and I were introduced to Enhance Able when Dulcie was about 17 years old and transitioning from children's to adult's services.

I must confess that I was really apprehensive and worried about Dulcie moving in to Adult Social Care services. Adult social services gets bad press and I was beginning to see why after visiting some respite homes that were totally unsuitable to Dulcie's needs.

And then Enhance**Able** came into our lives. If only I knew then what I know now. Enhance**Able** have literally turned mine and Dulcie's lives around. They do – as their name says – enhance people's quality of life immeasurably. The charity has definitely enhanced both mine and Dulcie's lives.

Dulcie initially had her care shared between Enhance**Able** Living and Enhance**Able** Space. She now has all her care based completely at Enhance**Able** Space. And once she finishes college, from next year, Dulcie will be attending Enhance**Able** day services at Geneva Road.

I took Dulcie along to see Space in October, before her 18th birthday, and she loved it, as did I, from first sight. She loved playing in the garden on the trampoline and she also enjoyed the sensory room, especially the ball pond.

Dulcie also thrives from the independence and the social outlet that Space gives her. Fast forward three years and all the carers now know Dulcie so well. They are sensitive to her wants and to her complex medical needs. She simply loves going to Space for her tea visits and for respite.

To begin with I was very nervous about leaving Dulcie overnight, as she had not had many overnight stays whilst in Children's Services. However, I needn't have worried for a minute. Each time we leave Dulcie at Space she seems to return home happier and reinvigorated. Respite gives me a much needed break, which then gives me the strength I need to continue to care for Dulcie when she is back home.

With Dulcie so happy and settled in the capable hands of the care team at Enhance**Able**, I was able to return to work; a completely lifechanging moment for me, as I had become isolated after having to give up work in order to care for Dulcie.



Nadine (& Dulcie) Tuffin Space parent

I feel very lucky and fortunate that Dulcie and I are able to receive our support from Enhance**Able**. This is such a wonderful, compassionate and caring charity who have a really good ethos and who really understand the individual Special Needs adults and their families, who they are supporting and caring for. I hope that our relationship with Enhance**Able** will continue in the future for many happy years to come.

# How Enhance Able supports me

Gareth Rynn has been accessing the Enhance **Able** Living service for many years now, we asked one of his support workers, Darren, to catch up with him to find out exactly how Enhance **Able** Living supports him.

## How does EnhanceAble support you?

Support staff at Enhance**Able** help me in many ways; from sleepovers and checking my medication is up to date, to helping me with money and driving me to and from events and days out.

I'm also supported with cooking and day-to-day household chores, such as washing clothes and changing bedding.

#### How is your relationship with support staff?

I get on with all staff members, and have built a good relationship of trust with many of my support staff.

## What activities do you engage in with Living staff?

It's very varied with activities. Some days we head to London for a day at the museum, other days we may go to the cinema or I walk in the local parks. We also do a lot of dog walks.

# How does EnhanceAble support you on a personal level?

I have found that support from Enhance Able Living has boosted my confidence levels and has given me a sense of openness that I didn't think I had.

During the year EnhanceAble Living provided around 22,800 hours of support.



**Gareth Rynn** Living client

Enhance**Able** would like to thank the staff and people who use Enhance**Able** for the joy, challenges and richness that you bring to the charity.

Without you we are nothing.



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Enhance**Able** Annual Report 2018–2019



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- The **Geneva Road** Day Service
- **Space**, our respite house
- Living, the outreach service
- Croft Cottage, a respite service for children, and
- Kite, Ribbons and Flyers, the children's groups
- Fantastic Friday at Yorda Playhouse and NXGeneration
- We also have two charity shops.

A picture tells a thousand stories; here are some of this year's pictures.

# **Looking Forward**



Julie Hagarty
Chief Executive

As I look forward to the year from April 2019 to March 2020, I am astonished to find myself in the midst of my 19th year with Enhance**Able**, over 10 of those as CEO. This led me to reflect upon how after so many years, I still feel motivated, happy and passionate about my job here.

Enhance Able has always been a charity where I can make a real difference to people's lives in new & creative ways. This year has been particularly exciting, as the Autumn and Winter were spent preparing for the new Space house to open in Ewell. The day the house opened was so exciting; it is a great testament to the staff and people who use Enhance Able Space that every person transitioned in the new house without difficulties. The people who use our service were amazing and welcomed being in the new house seamlessly.

One of the early projects I was able to initiate as CEO was the establishment of after school clubs for local children with disabilities. To my great joy, after a brief pause, Achieving for Children began to fund us again in November and the Kites, Ribbons and Flyers groups are once more happening at Geneva Road. In the coming year we are looking for new members to join these fabulous groups.

Recruitment continues to be a difficulty in the social care sector. We need intelligent, motivated and trained staff to do a highly skilled job, but due to funding constraints we are unable to pay them what, in my view, is a salary that recognises those talents. Enhance Able's HR Manager,

Hannah Brice, works hard to recruit and retain staff, but we are always looking for more people to join us. This constraint has limited the growth of Enhance Able Living, where not only do people need to have all the skills above but also need to be able to drive. We are always reviewing our advertising, offer an incentive to staff, offer lots of training and promotion opportunities and work hard to show our staff how much we value them.

The year ahead is bringing new challenges. All our services are struggling to breakeven financially. The reductions in social care budgets has necessitated us to make efficiency savings in all parts of the organisation. One measure we have been taking to assist with this is using professional fundraisers to work towards specific projects. This has been somewhat successful, but it does not solve the financial conundrum across our core existing services.

My job in the coming year is to work with our trustees to find creative and viable ways to help Enhance**Able** continue to serve the local community. Toward this end, I now have a Deputy CEO, David Fox. David's post has been specially created to help Enhance**Able** work harder on its planning and funding.

I must, as always, finish by thanking Enhance Able's trustees and the wonderful staff that I have the privilege to work alongside. Enhance Able is all about its people, the staff and people who use our services, and I feel very lucky to be surrounded by them.

# Chairman's Report for Year Ending March 2019



**Nick Ainley** Chairman

The year ending March 2019 was a difficult year. For the first time for many years Enhance**Able** was in deficit for the year. Full accounts are available on the web site at www. enhanceable.org along with the trustee report.

The reasons for our deficit are many, but in summary:

- We have not been able to significantly increase our charges for many years – the funding pressures on local councils are well reported and these difficulties have been progressively feeding through to those of us that provide the services.
- Our costs have been increasing. In spite of funding difficulties, we have been required to increase salaries and pensions to support our staff. We have been more than happy to do this because we believe they truly deserve better, however, that has contributed to our deficit.
- We have had to increase our investment in indirect services to both support staff and to meet the challenges of statutory and operational requirements.

Our individual services have continued to be a valued contributor to the needs of the local community that we exist to support. Service User approval ratings continue to be high and the majority of our service users remain happy with the support they receive.

However, during the last year we did experience a number of issues. As a result of extensive work, we have changed some

of our operating procedures and increased management resources provided to support service delivery. It is vital to our development as an organisation that we are able to view these as learning opportunities.

These situations are very difficult for everyone concerned, and I would like to thank the staff who while involved, continued to provide the support and services that we are generally recognised for.

On a brighter note, during this last year we purchased and opened a replacement location for our Enhance**Able** Space service, no mean achievement. This service is now based in 47 The Drive and has been well received by service users and staff.

In spite of the financial pressures, the trustees and management of Enhance**Able** continue to be focussed on maintaining quality services and looking for innovative ways to both provide them and fund them.

I would like to thank our service users, managers and staff for their support. Finally thank you to our trustees, who each year contribute more of their time and expertise and have never failed to do so with enthusiasm and without complaint.

Without all of these people my role, as Chair of EnhanceAble would have been quite impossible – thank you all.

## Treasurer Report

# EnhanceAble spent £2,079,164 this year.



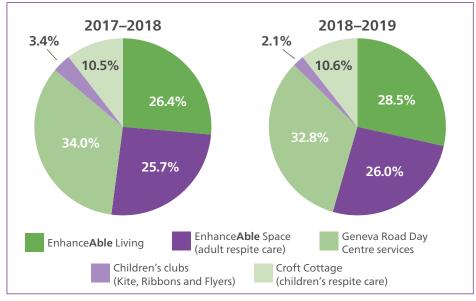
Mike Kemsley Treasurer

In 2018–19, charitable income reduced by £10,548 but charitable expenditure increased by £188,443. Net income from voluntary donations, shops and investments increased by £59,735 and the overall result was a deficit of £96,145, compared with a surplus of £43,111 in 2017/18.

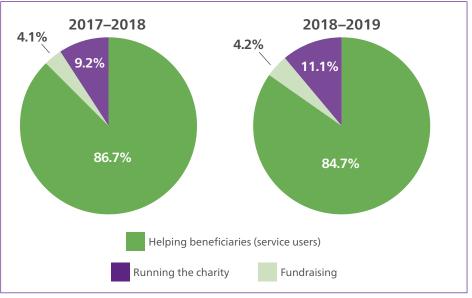
The generous support of our donors increased voluntary income by £62,789 all of which was used to help fund accessibility refurbishment at new Space. The new home cost £755,000 and was funded via cash reserves and the benefit of a £450,000 mortgage, which is repayable over 15 years.

2019–18 was a tough year but we believe that Enhance**Able** is now well placed to make a bigger contribution to the local community and its social care economy but these ambitions need to be matched with increased funds. We are fortunate to have a loyal and committed employee and volunteer base, but need to explore new ways of working, mount high-profile campaigns and develop new sources of income.

The pie charts below show you how Enhance**Able** has spent its money and how much the different services cost.



EnhanceAble's range of services in 2017–2018 and in 2018–2019



How Enhance Able spent its income in 2017–2018 and in 2018–2019

Enhance**Able** Annual Report 2018–2019 Setting up new **Space** 

# Setting up new **Space**



Thea Shephard
Executive Assistant

This year saw an exciting change for Enhance**Able**. The charity relocated its respite service, Enhance**Able** Space, from New Malden to Ewell.

We took the decision to buy a house for the service, rather than continuing to use rented property. After lots of searching we went to visit a lovely home in Stoneleigh and knew, almost as soon as we walked through the door, that this was the place for Space.

We needed to contract services from an architect and from a planning company to ensure we submitted a strong change of use application to the council. We also sought for permission to build a new sensory cabin in the garden.

Once we had gained planning permission and purchased the building, we had lots of building work to do and preparation for Care Quality Commission registration. This was a tense time as our plans started to come together and we also dealt with all the unexpected things that happen in a building project.

This was an expensive project and an investment for the future of Enhance**Able** and local disabled people. We were successful in using a company of professional fundraisers to raise £41,500 towards our costs.

The house opened in May 2019. It is cosy and comfortable. The service users and staff settled in brilliantly and the house is a wonderful base for Enhance**Able** people using our respite services.

It cost **£112,000** to make the additions to the house, that's the same as **6%** of **EnhanceAble**'s turnover.

7,526.5 hours of support and counting...

# 24 hours at **Croft Cottage**



**Chloe Moss** Manager, Croft Cottage

I am the registered manager of Croft Cottage, a small respite house for children in Richmond. We are registered by Ofsted.

Today is Friday so I have been in the office getting paperwork done. Staff arrive at 3pm on Friday to get everything ready for the children when they arrive after school: making the beds, putting away the shopping and getting activities ready for the children when they arrive. The children usually arrive from their school transport at 4pm and are greeted by Enhance Able staff.

The children settle in to the cottage and put their shoes, coats and school bags in their bedrooms and some help unpack their suitcases. There is time to have some fun before dinner; this can be going to the park, going for a walk, having sensory or musical play, playing board games or puzzles or just relaxing in the lounge and watching films.

Once dinner is ready everyone sits in the kitchen and has dinner together, chatting. After dinner the children have some more time to play and then start their evening routine. For those that like to, they can play in the bath

or in the shower before PJ time. The children then settle in to bed for the night. Our night staff arrive at 9pm to check on the children regularly throughout the night and one of the daytime staff sleeps at the cottage too.

The children wake up any time from 6:30am to 9am and we help the children to get up at whatever time is good for them. The day staff will also be arriving throughout this time. Once both children are up and ready for the day, we make sure our day bag and lunch are packed and we set off for a day trip. We go out to places like swimming pools, cinemas, London Zoo, theme parks, walks in local parks, trampoline parks, farms, different beaches, bowling alleys and many more.

We get back late in the afternoon and some staff write notes of the day, while others support the children. Staff also write a handover to parents which is printed and sent home so parents know exactly what their child has done throughout their time at Croft Cottage.

At about 4pm parents arrive to pick the children up and the next few children arrive.

# Enhance**Able**'s Bunny Girl



Enhance**Able** has two local charity shops in **Berrylands** and **Tolworth**. We use the money raised to make a positive difference to local disabled people's lives.

At the Tolworth shop one of our volunteers is the glamorous Margo. Margo has had a rich and varied life. She has worked as a Bunny Girl, a model, a croupier and now brings sparkle to Enhance**Able**. Margo is wonderful with our customers and gives excellent advice about creating outfits from our stock.

Margo volunteers to be part of the local community and be part of our shop community. She enjoys the company of other volunteers and loves her time in the shop. Margo donates her time on Wednesday, Thursdays and some Fridays.

We have 27 volunteers in our shops, giving a total of over 170 hours of support per week. Together last year they raised £88,759.

If you would like to volunteer at our shops please call Thea Shephard on 07930 734552. You can also support Enhance**Able** by donating good quality goods to us.

**8,840 hours** of support; and raised **£88,759** last year.

# The Enhance Able Questionnaire



**Carrie Milne** Assistant Manager

## What is your idea of perfect happiness?

Being with my friends listening to and jumping around to great music!

## What is your greatest fear?

Falling off the edge of things. I am one of those people who stand miles away from the yellow line at train stations just in case!

## Which living person do you most admire?

Sylvia Lancaster; Sylvia set up the charity S.O.P.H.I.E after her daughter was murdered, to encourage people to accept people's differences.

## What is the trait you most deplore in yourself?

Laziness – I find it all too easy to do nothing, then regret it.

#### What is the trait you most deplore in others?

Failing to try. Who knows what others could do if they just gave things a try?

## What has been your most embarrassing moment?

Falling into a bush after tripping over my own feet, I was stuck like a turtle on its back!

### What vehicles do you own?

None! Not even a bicycle!

## What is your greatest extravagance?

Shopping! I always buy too much of everything!

## What objects do you always carry with you?

My mobile, my keys, my money and a hairband on my wrist.

## What is your most unappealing habit?

Smoking!

#### What is your earliest memory?

Making mud pies and a giant mess in my garden at home as a child with my friends.

#### What do you consider the most underrated virtue?

Good manners, a please and thank you is free and can change a whole persons day.

# What single thing would improve the quality of your life?

Time.

# What's the most important lesson life has taught you?

Enjoy it! Treat others as you would want to be treated yourself.

# Being a volunteer at **Geneva Road**

My name is Zahrah Gouhar and I am 18 years old. I work two days a week at Enhance**Able**, as a volunteer, which I love.

I knew I would enjoy working here as I also loved going to their after school club called Kite; everyone, especially Chloe, was so kind and helpful to me, I could be myself and felt my confidence grow. I made lots of friends which was something I found difficult to do in school.

I have been in Kingston College for the last two years on a Life and Work Skills course which I enjoyed so much, and acted in four drama productions: Cinderella, Snow White, Grease and Mary Poppins, which has increased my confidence yet again. It was such fun. During this time I needed to find work experience, I always like helping people so I asked Chloe and she kindly pointed me in the right direction and was told I was welcome at Enhance**Able**.

I have learnt so much here, and the staff are so kind and understanding. I love seeing the service users when I arrive and then helping them to exercise, dance, bake, play games and so much more as well as helping to keep areas safe, clean and tidy.

Working at Enhance**Able** makes me happy especially when I see everyone working so hard to make everyone smile. It has confirmed to me that my dream of working more with the disabled is the right one, and this job has given me inspiration to work harder to achieve this.

Dream big and think positive!



**Zahrah Gouhar** Volunteer at Geneva Road

The Geneva Road service has provided people with **8,885** days of support this year.

# How Enhance Able supports me

Enhance**Able** Space gives my son Glenn a home-away-from-home where he is supported in a warm and caring environment; where he can relax, see his friends, get out and about, and enjoy being independent of me, allowing him to strengthen his communication and independent skills. The homely, comfortable atmosphere and friendly welcome is a guarantee each visit.

It is an absolute joy to see Glenn's excitement every Tuesday when he signs "please can I see friends and have overnight at Space?", with his shoes and coat in his hand ready to go.

Enhance Able Space gives me the time away from being a carer to recharge my batteries, knowing Glenn is having a great time and being cared for so well. I can relax knowing all Glenn's needs are being completely taken care of.

Both Glenn and I would be lost without the support of everyone at Enhance**Able** Space.



Kym and Glenn O'Donovan

Enhance**Able** Annual Report 2018–2019 A Fond Farewell

## A Fond Farewell



**Nick Ainley** Chairman

Sadly, I am writing to say that I am standing down as the Chair of Enhance**Able** at the next AGM. I have been the Chair for twelve years and have been privileged to be involved with this great organisation.

The changes that have taken place during this time have been immense. When I started we did not have either EnhanceAble Space or EnhanceAble Living and we owned no property. We now have both services and as you know, have purchased the property for our Space service. Additionally, we have started and continue to run the 'kids clubs' while ceasing to operate the council's statutory advisory service for parents.

We have faced unprecedented financial pressure since the 2008 banking problems. Local Authorities have had tight budgets, these have fed through to our services – witness last year's results.

Many service users have transferred to personal budgets, in principle this is a good idea but, in the name of personal choice it certainly feels like savings are being made through the system. Consequently, our service users have borne the brunt of many of these financial strictures, and we have used our well-husbanded financial reserves, to try to support them all.

I have decided that after all this time we should have a new Chair, someone who will look at all these challenges through a new set of eyes, and who is able to commit both their expertise and time to Enhance Able. As some of you may know, I no longer live locally, and I feel that this role should be done by a local person, who can be the public face of the organisation. For that reason, I shall not be standing for the post of Chair at the 2019 AGM in November. I will, of course, do whatever I can to support my successor in whatever way they ask.

It has been a pleasure, and a privilege, to serve as the Chair of Enhance**Able**. When I started as a trustee I had no idea what it was like to live in our society, with some of the issues that our service users and their carers face daily. While I have contributed, whenever I have been able to, I have no doubt, I have gained more by my time with Enhance**Able**, than ever I have been able to contribute. For this I thank the service users, their carers, the staff and management team and particularly our CEO Julie Hagarty.

Finally, I must thank my fellow trustees. Many of you may not know who they are, or what they do. This is largely because they are all volunteers, they give their time and expertise freely and largely anonymously. Some still work full time, and some have other commitments. Because you cannot see what they do, do not underestimate their contribution. I can truly say, the Chair and the CEO could not do their jobs without this strong and mainly invisible and unwavering support – thank you all.

Enhance**Able** would like to thank the staff and people who use Enhance**Able** for the joy, challenges and richness that you bring to the charity.

Without you we are nothing.



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